

2020

Tobacco Use

Before, During, and After Pregnancy

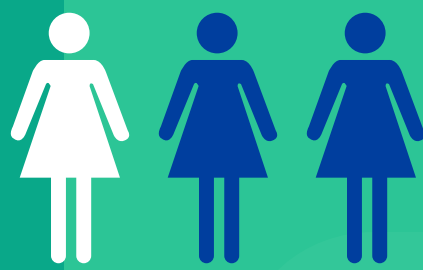
Source: CDC Missouri Pregnancy Risk Assessment Monitoring System (PRAMS 2020).

Before Pregnancy

20%
of women
smoked
before
pregnancy

31%

Nearly 1 in 3 WIC
participants smoke
cigarettes



During Pregnancy



96%

of pregnant women are screened for
cigarette use during prenatal care



74%

of women who smoke
during pregnancy received
Medicaid benefits

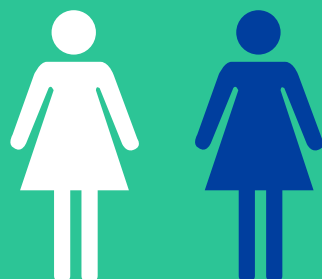
11%
of women
smoked
during
pregnancy

After Pregnancy

15%
of women
smoked
after
pregnancy

45%

Almost half of women
relapse after quitting
smoking while pregnant



E-Cigarette Use



9%

1 in 10 women used
e-cigarettes in 2 years prior to
pregnancy.

6%

of women used
e-cigarette in the
3 months before
pregnancy

2%

of women used
e-cigarette in the
last 3 months
during
pregnancy

Did you know?

MO HealthNet offers help to quit
smoking.

- Food and Drug Administration-approved medications
- Individual counseling
- Group counseling
- Coverage for unlimited quit attempts

Promote Tobacco Cessation

Use the "Ask, Advise, and Refer"
approach to increase cessation rates
– it takes just 3 minutes!

During the postpartum checkup,
42% of the mothers who smoke
said that their health care worker
did not ask if they were smoking
cigarettes.

Please visit or call:

Missouri Tobacco Quitline
800-QUIT-NOW (800-784-8669)
or www.quitnow.net/Missouri

Department of Health and Senior Services: Tobacco Control
health.mo.gov/living/wellness/tobacco/smokingandtobacco/

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Missouri

DHSS

Department of Health
and Senior Services